

Name: _____

Measuring Your Ecological Footprint Questionnaire

Discuss this questionnaire with another member of your household. Then, answer each question below by circling the option that best describes your life.

Your Food

1. How often do you eat animal-based products (beef, pork, chicken, fish, eggs, or dairy)?

Never Infrequently Occasionally Often Very Often

2. How much of the food you eat is processed or comes from more than 200 miles away?

Less than 25% About 25% About 50% About 75% More than 75%

Your Home

3. Compared to a typical American, how much trash do you generate

Much Less About Average Much More

4. What kind of home do you live in?

Free standing house Apartment building Duplex or small apartment complex Luxury condominium Green-design residence

5. How many people live in your household?

1 2 3 4 5 6 7 or more

6. What is the size of your home in square feet?

Less than 550 550-1050 1050-1600 1600-2700 More than 2700

Less than 1 1-2 2-10 10-30 30-70 More than 70

9. What is the gas mileage of the vehicle you travel in most often

Fewer than 5mpg 5-15 mpg 15-30 mpg 30-40 mpg More than 40 mpg

10. How often do you drive in a car with someone else?

Almost never Occasionally Often Very often Almost always

11. How many miles do you travel on public transportation each week (bus, train, etc.)

Less than 1 1-5 5-25 25-50 More than 50

12. How many hours do you fly each year?

Never 0-4 4-10 10-25 25-100 More than 100